

"I feel like I'm giving something of myself to our clients."

Incredible things are happening thanks to your support of ehm's Drop-In Centre.

You may have seen Gerry's friendly face while dropping off donations or preparing a Sunday Dinner. As ehm's dishwasher and the cook for ehm's Out of the Cold program, Gerry is an integral member of the ehm team — and your generosity is one of the reasons why.

Gerry first came to ehm as a client. Although he had completed a culinary training program, he wasn't able to find a job. Living on social assistance, Gerry turned to ehm and its food programs. The nutritious meals helped Gerry to make ends meet but he appreciated the community he found at ehm too. So when ehm's Drop-In Manager asked him if he'd be interested in volunteering, Gerry gave an enthusiastic "Yes!"

Gerry's hard work and dedication as a volunteer led to a year-long paid position as part of the city's Investing in Neighbourhoods program. Working in the kitchen and the Drop-In, Gerry was able to gain the paid experience needed to help him build his resume and find a job. And it worked! This spring, Gerry was hired on as a permanent and valued member of the ehm team.

From client to volunteer to employee — all change begins with one first step. Thanks for being there for Gerry so he could build a brighter future for himself.



Evangel Hall Mission







Celebrating our client volunteers in the Drop-In.

CLIENT VOLUNTEERS: MORE THAN A LENDING HAND

When our Drop-In clients and tenants volunteer at ehm, it means so much more than just having a few extra hands on deck. It's an important part of the journey to developing skills, boosting confidence, and reducing social isolation.

This summer, we held a party to celebrate the achievements of our client volunteers and their role in making ehm such a welcoming place.

IMPACT: CLIENT VOLUNTEER PROGRAM

- Helps make new friends and broaden support networks
- Improves mental health and increases selfconfidence
- Increases interpersonal and communication skills
- Advances career by gaining experience and developing skills
- Provides fun and fulfillment



HOW YOU CREATE HEALTHIER LIVES

Living on the streets takes a heavy toll on health. People who are homeless have a much higher incidence of disease and a much lower lifespan than average, yet they face more barriers to health care. But because of you, ehm's Drop-In Centre provides crucial services and referrals to improve the health of our most vulnerable neighbours.

Meals are often the first point of contact clients have with ehm, providing nutritious foods that are essential for managing or avoiding heart disease and diabetes. Over time, clients develop the trust and confidence needed to access other Drop-In services that help them to feel better and live healthier lives.

The community nurse is just one of the services that makes a big difference. By offering medical check-ups where clients feel safe, high blood pressure can be diagnosed early, foot infections from diabetes or living on the streets can be treated, and the spread of serious illness can be reduced with vaccinations.

Thank you for supporting the Drop-In and helping clients to keep their health on track.

HEALTH SERVICES



AT THE DROP-IN

- Diabetes workshops
 - Flu shots •
- Hepatitis C screening
- Community nurse visits
 - Dental care
- Medical and mental health referrals
 - Narcotics Anonymous
 - Alcoholics Anonymous



MISSIONS MOMENT

BLESSED WITH FOOD AFTER THE FLOOD

A flood at ehm this past May closed the Drop-In space and its kitchen for emergency work, but that didn't stop staff, volunteers, and our church community from providing services!

With staff unable to prepare meals, calls were made to some local churches asking for help. Sandwich-making teams gathered in churches and in homes, and within 36 hours, over 100 loaves of emergency sandwiches were delivered! Using a few creative solutions, most other Drop-In services continued to be offered during the flood.

A special thank you to our community for rallying together and keeping our clients fed: Glenview Presbyterian Church, Calvin Presbyterian Church, Mimico Presbyterian Church, Westminster Presbyterian Church, Riverdale Presbyterian Church, Peoples Church, and the family of Evangeline Watkins.

THANK YOU FOR MAKING EHM A TOP 100 CHARITY!

Evangel Hall Mission is honoured to be named one of Maclean's Top 100 Canadian Charities for 2019! Our donors, volunteers, and staff are all integral partners in delivering high-impact programs and services to people struggling with homelessness and poverty.

To find out more about the 2019 Charity 100 list, visit our website or go to macleans.ca/society/life/canadas-top-rated-charities-2019

CHARITY \$\frac{1}{4}\$100

LEGACY OF LOVE

Bruce MacLean shared a special bond with our community. Volunteering as a teenager at ehm, Bruce supported clients for the next nine decades through donations and a very special annual event.

Knowing that so many people in our community are alone, Bruce hosted a party each year in the Drop-In to celebrate everyone's birthday and let clients know that they were not forgotten.

When Bruce passed away at age 106, he left a legacy of love for our community through a gift in his will. Thanks to his thoughtful bequest, Bruce will continue to have a lasting impact on the lives of so many. His legacy gift will help to ensure that empty bellies will be filled, safe housing will be secured, painful teeth will be repaired, and spiritual care will be given to those coping with trauma.

Our love and thanks to Bruce and his family, and to all the other generous individuals who transform lives through their legacy gifts.



URGENTLY NEEDED ITEMS

FOOD

Ground coffee Frozen vegetables Prepared foods Beans or meat Margarine



ADULT CLOTHING

Women's clothing
Jeans and long sleeved t-shirts
Coats
New socks and underwear
Sturdy boots and shoes



PERSONAL CARE ITEMS

Small shampoo and conditioner Deodorant Toothpaste and toothbrush Individual packets of tissue



DONATIONS ARE ACCEPTED:

Monday to Friday: 9:30AM-3:00PM Saturday: 9:30AM-1:30PM Sunday: 1:30PM-5:00PM

THANK YOU FOR YOUR SUPPORT!

THREE WAYS YOU LED

1 BOOK A COMMUNITY MEAL SERVICE
Is your church, company, or family looking for a rewarding experience and a way to help those in need? We're seeking groups of 10-12 to purchase, prepare, and serve Saturday lunches and Sunday dinners for up to 150 people. Contact Tyler at 416.504.3563 ext 235 or information@evangelhall.ca to schedule your meal.

RUN, WALK, OR WHEEL ON OCTOBER 20, 2019

Have fun and support ehm at the Scotiabank Toronto Waterfront Marathon Charity Challenge. Walk a 5k or run a marathon — you choose! Just sign up, collect donations from friends and family, then set your pace for race day! Raise \$250 or more and have your 5K walk/



run entry fee reimbursed. Visit **www.evangelhall.ca/scotiabankcharitymarathon** to register for "ehm Runners" and learn more.

HOLD A FUNDRAISER

Bake some cookies, have a garage sale, or host a community BBQ. Invite your friends and family to bring donations of food and clothing when they visit you this Thanksgiving! Want some more ideas or need some support on how to hold a great fundraiser? We're happy to help!

Contact Leigh at 416.504.3563 ext 231 or information@evangelhall.ca

QUESTIONS? SUGGESTIONS? WANT TO STAY IN TOUCH? WE'D LOVE TO HEAR FROM YOU!

EVANGEL HALL MISSION

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ehm is proud to be a mission of The Presbyterian Church in Canada, under the care of the Presbytery of East Toronto. We have been providing services to those in need since 1913.