

A COMMUNITY OF COMPASSION. A PLACE OF HOPE.

# TRANSFORMATION IN ACTION

Mother's Day Update 2019



## FOOD FOR MIND, BODY, AND SOUL

Thank you for making sure there's always a healthy meal for everyone in our community!

Because of your compassion and generosity, 100,000 meals are served each year at the Drop-In Centre to people who are experiencing homelessness or poverty. From sandwiches to salads, soups to lasagna, your support is more than just providing a healthy meal. It's critical for helping those in need to maintain their health and housing during difficult times.

Food insecurity continues to rise in Toronto. A low income combined with the increasing cost of housing means that for many people, there simply isn't enough money to pay

for food. In a 2018 report, 29% of people experiencing food insecurity missed meals to pay for rent, and 18% went at least one full day without eating each month.

### **But thanks to you, someone no longer has to choose between food and housing.**

Your generosity provides essential nutrients for people who can't afford to buy fresh produce, whole grains, and healthy sources of protein. These nutrients are essential for improving the chronic health conditions that are commonly found in people living in poverty, such as heart disease and diabetes.

The meals you provide are also an invitation to build community and reduce social isolation. Once trust is built, clients feel comfortable working with staff to identify goals and create better futures for themselves—whether it's re-establishing relationships with family, developing budgeting skills, or finding safe housing.

For every donation you give, every sandwich you make, and every meal you serve, you are making a better future possible!

**“When I see someone else eat in front of me it makes me happy. When I eat at home, I eat alone.”**

—Renata, ehm client



Evangel Hall Mission



**“Thank you so much for your donations! The sandwiches and fresh food that you’ve brought in are an important part of how we help our neighbours.”**

—lan, ehm cook



## THE LEGACY OF LOVE AND FAMILY

Every Mother’s Day, Evangeline and her friends and family honour their mothers in a very special way.

The tradition started many years ago when Evangeline’s mother brought her to ehm to serve a Community Dinner as part of Patterson Presbyterian Church in Toronto. For decades, Evangeline’s mother and family would cook and serve a delicious meal to vulnerable neighbours who had no family of their own.

When her mother passed away, Evangeline knew she wanted to continue her mother’s loving legacy. So each Mother’s Day weekend, Evangeline’s family and friends honour all of their mothers by serving a delicious meal to the people who visit ehm, sharing homemade lasagna, salad, rolls, dessert, and fellowship with our neighbours.

This dedicated group is now a familiar presence every year on Mother’s Day weekend. Drop-In volunteers and guests enjoy seeing them and Evangeline has made connections with some of our regular guests. Evangeline fondly recalls a former Drop-In client who volunteered for many years. It was so impactful to see how he got off the streets and made a better life for himself with the support of the ehm community.

“I know how important it is to ensure that those on the street and in great need be taken care of,” says Evangeline. This is why she has brought other friends and family with her group to volunteer. She wants more people to learn about the good things happening at ehm, and to inspire others to become involved too. It’s a team effort and one Evangeline, her family, and her friends look forward to, year after year.

## FOOD FOR THE MANY: THE COOK’S VIEW

Every morning at the Drop-In Centre, there’s an air of anticipation just before Ian, ehm’s cook, rolls the day’s hot lunch out of the kitchen. Preparing meals for 150 people each day based entirely on donated food, you never know what delicious surprise Ian will magically create.

Preparing such big meals is a big task, but when you imagine creating a recipe from scratch on a few hours’ notice, it becomes more like a miracle. Ian seems to take it all in stride. He’s skilled at preparing low-cost, high nutrient legumes, which helps reduce the cost of buying healthy proteins. Many of the other staples he uses come from food banks, but the extra food donated by our community is immensely helpful, including fresh produce and meats that are less commonly available. Donations of fresh food of any kind—vegetables, meats, and the sandwiches that so many Presbyterian churches prepare and bring to our doorstep each week—are an essential part of our food program. This is how your generosity becomes food for the many.

# SUNDAY DINNERS SHARING GRACE

Every Sunday, the Drop-In Centre opens its doors to provide a family-style dinner followed by a worship service. This is a special time when community members are treated to a meal served with love at tables set with care.

St. Timothy's Presbyterian Church is one of many churches that bring volunteer teams to prepare and serve Sunday Dinners. We asked Rev. Soo Jin Chung what these dinners mean to this congregation.

"St. Timothy Presbyterian Church has been volunteering with Evangel Hall for 16 years now. We are a church in Etobicoke with roots in the Korean immigrant community. Over the years, it's been a privilege to serve at Evangel Hall, being in this community by sharing what we have with others. Working together with volunteers from our church as



*Thank you Pastor Soo Jin and the congregation of St. Timothy's Presbyterian Church!*

well as from Evangel Hall has been a great way to get to know and serve one another," he says with pride.

"In Korean culture, we don't just ask one another to meet up—we literally say, 'let's have a meal together.' St. Timothy's strives to be a compassionate community by standing with the weak and vulnerable. Being able to gather and share a meal, including cooking and feeding others, feels like an extension of our culture and who we are."



## THANK YOU, BROADVIEW PRODUCE

This winter, we were delighted to welcome Broadview Produce to the ehm donor family. Their incredible team cooked and served a delicious homemade holiday meal to 150 appreciative clients, donated numerous bags of new and used winter clothing, and made a generous financial donation to help ensure there's a place for our clients year-round.

We're so thankful for their bi-weekly donation of fresh produce, too—including broccoli, cauliflower, green beans, kale, and even mangoes! Broadview Produce is transforming our food program so our neighbours can enjoy tasty, nutritious foods that keep them as healthy as possible.

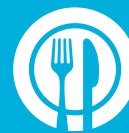
A heartfelt thank you to Randy and his entire team at Broadview Produce!

## YOUR IMPACT!

Thanks to you, our community has a welcoming place to grab a warm drink and nutritious food year round. These are some of the amazing things that happen in a year because of you!



**44,200**  
CUPS OF  
COFFEE SERVED



**100,000**  
MEALS ENJOYED



**31,200**  
SANDWICHES DONATED  
AND DISTRIBUTED

# URGENTLY NEEDED ITEMS

## FOOD

Tea bags and ground coffee  
Powdered milk  
Salad dressing  
Canned vegetables  
Spaghetti sauce



## ADULT CLOTHING

New underwear  
New summer-weight socks  
Running shoes  
Jeans and lightweight pants  
Short-sleeved t-shirts



## PERSONAL CARE ITEMS

Sleeping bags  
Small shampoos and conditioners  
Toothpaste and toothbrushes  
Individual packets of tissues



### DONATIONS ARE ACCEPTED:

Monday to Friday: 9:30AM–3:00PM

Saturday: 9:30AM–1:30PM

Sunday: 1:30PM–5:00PM

**THANK YOU FOR YOUR SUPPORT!**

**QUESTIONS? SUGGESTIONS?  
WANT TO STAY IN TOUCH?  
WE'D LOVE TO HEAR FROM YOU!**

## EVANGEL HALL MISSION

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ehm is proud to be a mission of The Presbyterian Church in Canada, under the care of the Presbytery of East Toronto. We have been providing services to those in need since 1913.

Charitable Registration #11890 3129 RR0001

# FOUR WAYS YOU CAN HELP

## 1 JOIN US AT THE 17<sup>TH</sup> ANNUAL GOLF TOURNAMENT

We're back again this year for a fabulous day at Pheasant Run Golf Club. Join us on June 11<sup>th</sup> and have fun while raising funds to support those in need. Full details and registration available at [www.evangelhall.ca/golf](http://www.evangelhall.ca/golf), or contact us at [golf@evangelhall.ca](mailto:golf@evangelhall.ca) for more information. We'll see you there!

## 2 BOOK A COMMUNITY LUNCH

Is your church, company, or family looking for a rewarding experience and a way to help those in need? We're seeking groups of 8-15 to purchase, prepare, and serve lunch Mondays to Saturdays for up to 150 people. Find out more about what ehm does and how your generosity is helping people first hand. Contact Andrea at 416.504.3563 ext 235 or [andrea.bussinger@evangelhall.ca](mailto:andrea.bussinger@evangelhall.ca).

## 3 OUR DENTAL CLINIC NEEDS YOU!

Are you or someone you know a dental care professional? ehm's Dental Clinic relies entirely on volunteer dental professionals to provide preventative and emergency care to patients who might otherwise be unable to receive essential care. We're in need of dentists and denturists to volunteer a few hours a week. Small commitment but big impact! Contact Leigh at 416.504.3563 ext 231 or [leigh.valliere@evangelhall.ca](mailto:leigh.valliere@evangelhall.ca) to find out more.

## 4 BECOME A MONTHLY DONOR

Becoming a monthly donor is one of the best ways you can provide lasting support to those in need. And it's easy to do! Visit [www.evangelhall.ca/donate](http://www.evangelhall.ca/donate) or call us at 416.504.3563 ext 235 to sign up today.



*Evangel Hall Mission*