

## HEALTH

ehm's health programs provided support to improve the physical and mental wellness of those most in need. These programs are successful because of the generosity of the many volunteers who share their time and their gifts to keep our programs running.

- 715 visits gave patients dental care they would not have received elsewhere
- 67 new patients visited the dental clinic
- 77 community meals brought together individuals and families to sit and eat hot meals together
- 9,000 sandwiches were distributed

*"My new teeth gave me my smile and self-confidence back!"*

~ Catherine



## YOUTH PROGRAMS

ehm's youth programming supports our community's young people and their families. Investing in youth through afterschool programs and day camps builds self-esteem, helps them succeed in school, and keeps them on track towards a positive future.

- 9,250 transit tokens were given to students, helping them to stay in school until graduation
- 60 students were given support throughout the school year to find safe housing and to access financial and other supports
- 25 youth experienced a week of overnight camp
- 40 youth spent their summer in an activity-filled day camp

*"I'm so grateful to you for your help, people like you make me feel that I'm not alone and I really appreciate that."*

~ 17 year old student, newly housed because of ehm

# 2016 Annual Report



## ehm Mission

We help build community with poor, homeless and socially isolated people in Toronto through support, services and advocacy.



## ehm Vision

A mission operating on the principle of loving one's neighbour as one's self, we welcome all who come.



Thank you to our donors, volunteers, supporters and community partners for your continued generosity.

ehm offers daily programming and support services due to the dedication and commitment of The Presbyterian Church in Canada, churches, foundations and individual donors.



## Dear Friends,

What does it mean to be part of the ehm community? It means that you are part of a movement of people who are changing the lives of those most in need. Thanks to the thousands of volunteer hours that this community has given through ehm, and because of the generosity of everyone who shared what they could, our most vulnerable community members accessed warm shelter, safe housing, healthy food, and dental care. But what makes ehm's work special, is that it creates a community where everyone is important, and everyone is loved unconditionally. Thank you for creating this community.

The 2015-16 year was one of change. It was a year when ehm stepped up to the challenge of meeting the evolving needs of our community. Our homeless population has been aging, affordable homes in our neighborhood are being torn down, and we have been welcoming a culturally diverse set of participants and tenants. In last year's Annual Report, we promised that we would not be intimidated by the challenges that our community is facing. We are pleased to report that because of your support, through our growing local partnerships, and the commitment of a strong staff team, we were successful in adapting our programs to make an even greater impact.

**We are able to build and grow because of you. We are facing increased demand for services, and the challenges our vulnerable community members bring to us are more complex than they have ever been. Because of community members like you, ehm's services and support are successfully growing to meet this demand. Thank you for being part of this exciting journey.**



  
**AINSLEY CHAPMAN**  
 Executive Director

  
**SUSAN MURRAY**  
 Chair, Board of Directors

### BOARD OF DIRECTORS

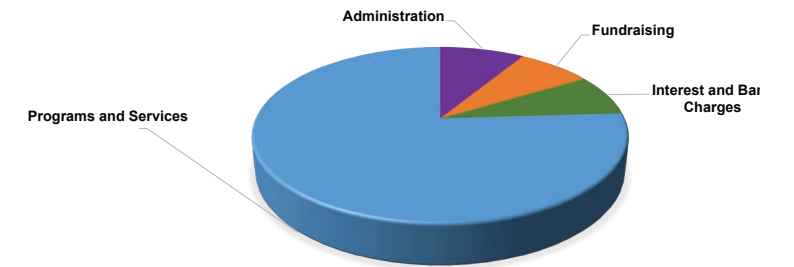
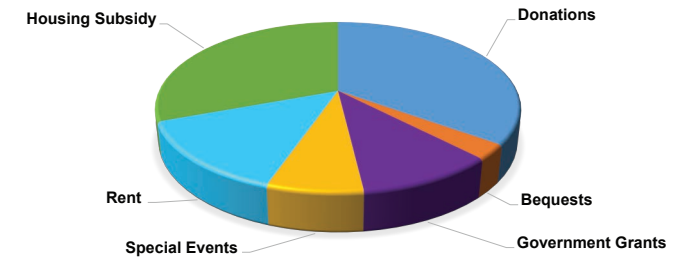
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How we are funded		
Donations	35%	754,107
Bequests	3%	60,000
Government Grants	10%	222,717
Special Events	7%	154,973
Rent	14%	302,351
Housing Subsidy	31%	660,904
<b>Total</b>		<b>2,155,052</b>

How we invest our funds		
Programs and services	75%	1,776,067
Administration	9%	203,932
Fundraising	8%	179,444
Interest and bank charges	8%	178,619
<b>Total</b>		<b>2,338,062</b>



## How your support helped change lives in 2015-16

### HOMELESSNESS

ehm offers a safe space, support services, and community to individuals who are homeless or who may be living in unstable conditions. We were open 365 days in 2015-16 through our drop-in services and support programs.

- 63,456 hot meals were served in the adult Drop-In
- 43 people received weekly assistance with money management through the Financial Trust Program
- 660 shelter bed nights were provided between November and March

### HOUSING

Through our housing programs, ehm helped those in need to access safe, stable, and affordable housing.

- 942 consultations where individuals received support and advocacy to get off the street and into shelters and long-term housing
- 5 new tenants moved off the street or out of unstable housing into the ehm residence
- 100 tenants lived in safe, clean, supportive housing, including 11 families and 10 children



*"It was the first time in a long time I had any kind of stable home. And the staff were so supportive. They saw I was struggling and got to know me. I really don't know what I would have done without ehm"* ~ Gersham, ehm Tenant