

# ANNUAL REPORT

## ehm MISSION

We help build community with poor, homeless, and socially isolated people in Toronto through support, services and advocacy.

## ehm VISION

A mission operating on the principle of loving one's neighbour as one's self, we welcome all who come.

# **Board of** DIRECTORS

Susan Murray – President Bruce Bodden – Vice-President Brian Sankarsingh – Treasurer Janet Campbell – Secretary Rev. Wes Denyer – Director David Frake – Director Cate Hazell – Director Linda Lebrun – Director Elizabeth Speers – Director Leslie Wood – Director



# LETTER FROM EXECUTIVE DIRECTOR AND PRESIDENT

Every day at ehm, someone's life is touched by you. Someone is warmer, safer, and less hungry because of your support. Someone feels loved, respected, and more hopeful because of your kindness. Someone is taking the first step to make a big change in their life because you believed they could.

# You are transforming the lives of real people.

Finding safe, clean, and stable housing during a housing crisis isn't easy. Trying to do this while managing your mental health, and without family and friends behind you, can feel impossible. But together, our community is with them every step of the way saying, "You can do this. We can help."

Thank you for being part of our community. Thank you for sharing your strength, your determination, and your belief that everyone deserves respect, dignity and love. Thank you for standing up to this challenge and for bringing hope to everyone in our community in 2018!

isan Murray

Susan Murray President, Board of Directors

Ainsley Chapman

Ainsley Chapman Executive Director

# HOW YOUR SUPPORT HELPED IN 2016-17







"Every week I bake 11 dozen muffins in my home, bring them to ehm, and serve them along with the hot breakfast ehm offers to guests at the Drop-In Centre. I lost my dad when I was five years old and unfortunately, I know what it's like to live in poverty. While I don't know what challenges the guests at ehm's Drop-In Centre are living with, I do know that many have endured great hardship. And while a muffin won't make that go away, it's a small part of ehm's bigger effort to create safe space."



# HOMELESSNESS

ehm offers a safe space, support services, and community to individuals who are homeless or who may be living in unstable conditions. Last year alone, your support provided:

- Over 100,000 meals to people who had no other means of eating.
- 660 shelter bed nights at ehm through the Out of the Cold Program.
- 43 people with help to manage their income through the Financial Trust Program. Many were able to save money for things such as first and last month's rent to get an apartment.

"It was the first time in a long time I had any kind of stable home. The staff at ehm were so supportive. I really don't know what I would have done without their help"

> —Ger Former homeles and tenant

# <image>

# HOUSING

Through ehm's Housing Programs, you helped those in need to access safe, stable and affordable housing. Because of you:

- 6 new tenants moved off the street or out of unstable housing, and into the ehm residence. Support staff helped tenants to receive health care, reduced social isolation by hosting weekly social activities, and coached clients as they learned new skills and took on new responsibilities, such as grocery shopping, cooking, and paying bills — all essential for maintaining housing.
- Housing advocates in the Drop-In Centre met with clients over 830 times last year. They work with a client for as long as it takes to help them get into stable housing.

# HEALTH

ehm's Health Programs offer support to improve the physical and mental wellness of those most in need. Providing an important link between local health care teams and clients, clients are supported in seeking health care, and receive encouragement to stick to their health care plan. Our Spiritual Care Program is there for people when they are most vulnerable, and helps clients get through the hardest moments.

- 160 new patients visited the Dental Clinic. Many of them were seeing a dentist or dental hygienist for the first time in decades.
- Clients took 2,765 showers, and were given soap, shampoo, razors, toothbrushes and toothpaste.
- 65 students received bus tickets and other support to help them stay in school and have more choices.

ROOTS & ROOTS & ROOTS

Imagine your mom is dying. You have no friends or family who can support you in your grief. That was the prospect Barbara was facing. But thanks to people like you, Barbara knew Jonathan, ehm's Spiritual Care Worker. And rather than face the fear of going to the funeral alone, she asked Jonathan to attend with her.

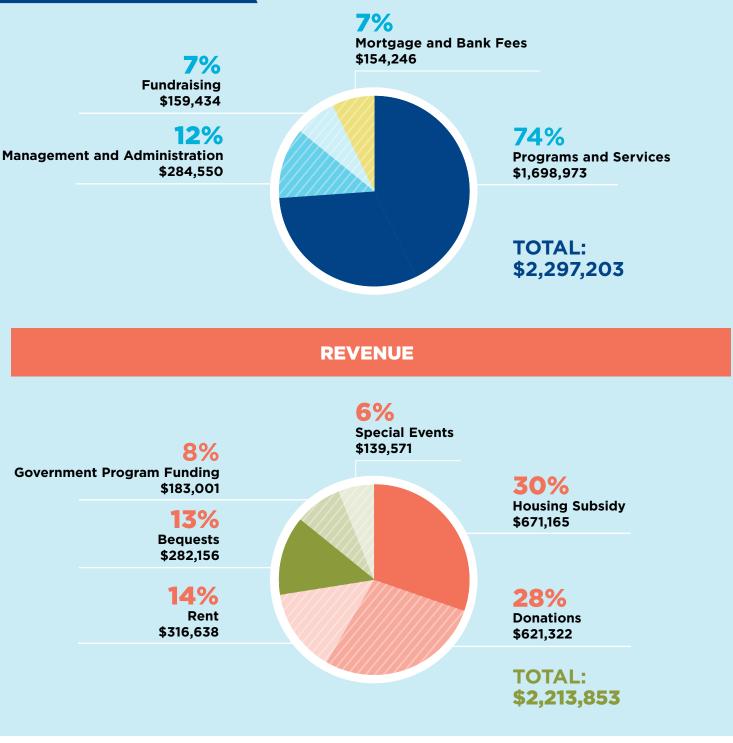
"Jonathan is a good help. He knows I'm hard of hearing. I was scared. There were lots of people. I was crying at the funeral. He held my hand. He helped me a lot."

-Barbara, Drop-In client









### **EVANGEL HALL MISSION**

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